

MY YEAR

Thank you for downloading the free trial!

In this FT, you get the month and weeks of July plus one notebook section and the first 3 paper templates, plus the blank Daily Page Template. I have highlighted these on the templates page.

Thank you!

- Erika



ELEVATE WEEKLY DIGITAL PLANNER

Hello and welcome to your new planner! To learn more about this, please read the information below, and watch the full walkthrough video on my website.

PAPER ICON

This is where you will find the templates and covers which are hyperlinked. Browse the selections and when you find one you'd like to use, simply copy the page and add it after the notebook tab you have chosen. Remember, pages are unlimited and can be duplicated as many times as you wish!

TABLE OF CONTENTS ICON

Use this area to write out the contents of your notebook. The numbered boxes are hyperlinked and will take you to the appropriate section.

STAR ICON

This is the quick note page. It is a dedicated space where you can put all of your thoughts and ideas that you don't have time to sort into a dedicated space yet.

26 AND 27 ICONS

Selecting either of these icons will take you to the At A Glance planning section for that particular year. Remember that only the July 2026 - June 2027 dates will be hyperlinked, however his planner begins Monday, June 22.

HYPERLINKS

With this planner, everything is hyperlinked. On the monthly calendars, the hyperlinked week numbers can be found in the little circles. I use the ISO week numbering system which means the "week" begins on Monday. When tapped, it will take you to that week.

FREE STICKERS

Use the links below to visit my website where you will find over 10K free stickers.The stickers are for customers only and the password to access them will be given after purchase.

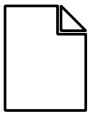
TIPS AND TROUBLESHOOTING

1. Be sure to download my troubleshooting and tips PDF that was included in your downloads. It has many short, helpful videos for common questions.
2. On my website I have so much content to help you; videos, FAQ, links to helpful sites, etc so please visit if you need help.
3. Always have auto-backup turned on, or back up regularly.
4. If your app is not behaving as it should, make sure your device and app have the most current updates.
5. If your app is still not behaving as it should, go to the app's website and look for "known issues" to solve your problem.
6. To make sure you are using all of the features of this notebook, be sure to watch the walkthrough video I made. It is available on my website and YouTube page.
7. If you need any help, please reach out! I am always happy to help.

COLOR

Below are all of the colors used in this notebook with their hex codes in case you would like to design your own graphics, or add them to your pen color presents.





TEMPLATES & COVERS

NOTES / NOTES COMBO								
SMALL LINED	MEDIUM LINED	LARGE LINED	SMALL SPLIT LINED	MEDIUM SPLIT LINED	LARGE SPLIT LINED	SMALL GRAPH	MEDIUM GRAPH	LARGE GRAPH
SMALL DOT GRID	MEDIUM DOT GRID	LARGE DOT GRID	BLANK	HEX	SMALL LINED W/MARGIN	MEDIUM LINED W/MARGIN	LARGE LINED W/MARGIN	LINED AND GRAPH
LINED AND DOT GRID	LINED AND BLANK	CORNELL SMALL	NO HEADER CORNELL SM	CORNELL MEDIUM	NO HEADER CORNELL MED	CORNELL LARGE	NO HEADER CORNELL LG	BRAINSTORM
LINED W/LEFT BOXES	LINED W/RIGHT BOXES	GRAPH W/ LEFT BOXES	GRAPH W/RIGHT BOXES	TO DO LIST LEFT	TO DO LIST RIGHT	STORY FULL	STORY LEFT	GRAPH MULTI
NOTES + 2 BLANK BOTTOM	NOTES + 2 BOTTOM LIST	NOTES + 3 BLANK BOTTOM	QUICK NOTE LINED	QUICK NOTE BLANK	DIVIDER NOTES GRAY	DIVIDER NOTES BLACK	14 LG HEADING LINED	14 LG HEADING BLANK
LISTS / TRACKERS / TABLES								
2 COLUMN BLANK	2 COLUMN LINED	3 COLUMN BLANK	3 COLUMN LINED	4 COLUMN BLANK	4 COLUMN LINED	4 STACKED BLANK	4 STACKED LINED	6 STACKED BLANK
6 STACKED LINED	8 STACKED BLANK	8 STACKED LINED	12 STACKED BLANK	12 STACKED LINED	12 STACKED COLOR BLANK	12 STACKED COLOR LINED	LINES + R 4 STACK BLANK	LINES + R 4 STACK LINED
LINES + L 6 STACK BLANK	LINES + L 6 STACK LINED	TRACK 7X23	TRACK 7X13 + NOTES	TRACK 12X23	TRACK 12X13 + NOTES	TRACK 31X23	TRACK 31X13 + NOTES	# TRACKING 1-31
# TRACKING 1-31 + NOTES	# TRACKING 1-30	# TRACKING 1-30 + NOTES	# TRACKING 1-29	# TRACKING 1-29 + NOTES	# TRACKING 1-28	# TRACKING 1-28 + NOTES	30 DAY CHALLENGE	25-50-25 TABLE BLANK
25-50-25 TABLE LINED	50-12.5 (4) TABLE BLANK	50-12.5 (4) TABLE LINED	20-40-20-20 TABLE BLANK	20-40-20-20 TABLE LINED	20-30-50 TABLE BLANK	20-30-50 TABLE LINED	25-25-25-25 TABLE BLANK	25-25-25-25 TABLE LINED
PLANNING / SPECIALTY								
7 MENU - GROCERY	PERPETUAL CALENDAR	JAN-JUN PERPETUAL	JUL-DEC PERPETUAL	MONTH SUN & MON	MONTH LISTS	MONTH NOTES	2 SECTION WEEK	3 SECTION WEEK
5 SECTION WEEK	HOURLY WEEK	HALF HOURLY WEEK	HORIZONTAL	WEEK LISTS	WEEK NOTES	DAILY	PROJECT	GOAL/INTENTION SETTING
PASSWORD	TRANSACTION	BUDGET	MEETING	ASSIGNMENT 1	ASSIGNMENT 2	SAVINGS	BOOKSHELF	DOUBLE BOOKSHELF
READING LOG	HEX MAP	3 RING 12 SECTION WHEEL	2 RING 12 SECTION WHEEL	1 RING 12 SECTION WHEEL	1-31 DAILY PAGES			
COVERS								
16 YEARLY COVERS	MY YEAR 2	MY PLANNER 2	14 STRIPE COVERS	MULTI STRIPE COVER	14 ASTERISK	14 DAMASK	2 QUOTE	15 SOLID COLOR BLANK

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THIS & THAT



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FEBRUARY						
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APRIL						
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SEPTEMBER						
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OCTOBER						
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NOVEMBER						
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DECEMBER						
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	JANUARY	FEBRUARY	MARCH	APRIL	MAY	JUNE	JULY	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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FEBRUARY

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MARCH

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APRIL

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JUNE

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AUGUST

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OCTOBER

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27	28	29	30	1	2	3
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NOVEMBER

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13	14	15	16	17	18	19
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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
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Patient Information	
Full Name	
Date of Birth	
Gender	
Address	
City	
State	
Zip	
Phone	
Insurance	
Medical History	
Allergies	
Current Medications	
Past Medical History	
Family History	
Social History	
Physical Examination	
Vital Signs	
Laboratory Tests	
Imaging Studies	
Diagnosis	
Treatment Plan	
Follow-up	



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